

Arrowhead Tang Soo Do karate info.

Regular Schedule:

Monday*	4:00 p.m. – 4:45 p.m. 4:45 p.m. – 5:30 p.m.	White to Orange Stripe Green & above
Wednesday	7:00 p.m. to 8:00 p.m. 8:00 p.m. to 9:00 p.m.	White - Green Stripe Brown & above
Thursday **	7:40 p.m. - 9:00 p.m.	Adult - 15 YRS and above
Saturday***	11:00 a.m.-12:00 a.m. 12:00 p.m. - 1:00 a.m. 1:00 p.m. - 2:00 p.m.	White - green (no stripe) Blue Belt & Above *(1 st Sat Month Red above) Green stripe and above

Written/Breaking Schedule:

Normal schedule

Physical Testing Schedule:

11 a.m. -1 p.m. (all ranks)

Belt Award (Celebration) Schedule:

11 - 12:30 a.m. (unless otherwise stated)

In partnership with the YMCA, Arrowhead Tang Soo Do Academy holds classes in the Korean style of martial arts (karate) called Tang Soo Do. For more information about the karate program, contact (602) 547-0586.

Please call when you will be absent!

Method of payment changed for "Karate Dues":

We will not hold the adult class at this time.

******Bring Tennis Shoes and a t-shirt every Saturday (for our fitness program).***

Family members are always welcome to join this activiy!

<p><u>UPCOMING BIRTHDAYS:</u></p> <table border="0"> <tr> <td>3/31/1990</td> <td>Stacy</td> <td>LoPresto</td> </tr> <tr> <td>3/17/1996</td> <td>Lance</td> <td>Baker</td> </tr> <tr> <td>4/5/1992</td> <td>Dylan</td> <td>Klemovage</td> </tr> <tr> <td>4/10/1992</td> <td>Samantha</td> <td>Molitor</td> </tr> <tr> <td>4/29/1993</td> <td>Dipul</td> <td>Patel</td> </tr> <tr> <td>4/1/1994</td> <td>Kevin</td> <td>Mays</td> </tr> </table>	3/31/1990	Stacy	LoPresto	3/17/1996	Lance	Baker	4/5/1992	Dylan	Klemovage	4/10/1992	Samantha	Molitor	4/29/1993	Dipul	Patel	4/1/1994	Kevin	Mays	<p>Important Dates:</p> <ul style="list-style-type: none"> ○ Monday Jan 17th - Closed Early 2pm _Martin Luther King Holiday ○ Monday February 28m Basics/Stripe Testing Starts ○ Saturday March 12s <i>Closed – Utah Clinic – ALL invited, Clinic/Judges and Instructors class – BB Dinner? Hurricane UT</i> ○ Saturday March 26th Physical Testing ○ Saturday April 2nd Testing Celebration ○ Saturday April 29th – Closed - 30th Black Belt Testing/Clinic – Hurricane UT ○ Sunday Mother’s Day May 8th - Celebrate! ○ Friday/Saturday May 13th -14th Closed - Black Belt Testing/Clinic – Phoenix AZ ○ Saturday Aug 6th – Closed - Clinic Sierra Vista AZ - ○ Saturday Oct 28th & 29th - Closed Black Belt Testing/Tournament /Clinic Mesquite NV <p>Promotion Requirements: Red and above must attend at least one clinic and either Utah or Phoenix Black Belt Testing (April/May) and October 29th tournament.</p>
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Schedule of Upcoming Events:

<p style="text-align: center;"><u>March</u></p> <p><u>Week9 (cont)</u> 2w Basics/Stripe Testing 3th Basics/Stripe Testing 5s Pre Test Gups/Red above ½ Physical test</p> <p><u>Week10</u> 7m Stripe Test and Review/Practice Board Breaking 9w Pre Test/ Red above 2nd Half Testing. Announce Testing Candidates 10t Stripe Test and Review/Practice Board Breaking 12s <i>Closed – Utah Clinic – ALL invited</i></p> <p><u>Week11</u> 14m Written Test/Complete Stripe testing/Review/Mat 16w Written Test/Complete Stripe testing/Review/Sparing 17t Written Test/Complete Stripe testing/Review/Mat 19s Sparing/Mat/Weapons</p> <p><u>Week12</u> 21m Make up testing or Sparing/Review 23w Make up Testing or Mat work/Review 24t Make up testing or sparing/Mat work/Review 26s <i>Physical Testing (all ranks)</i></p> <p><u>Week1</u> 28m Basics on Hands/Forms/Targets 30w Basics on Hands/Forms Weapons(Green above)/Targets 31t Basics on Hands Forms/Targets</p>	<p style="text-align: center;"><u>April</u></p> <p><u>Week1 (cont)</u> 2s <i>Testing Celebration</i></p>
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Method of payment “Karate Dues”: Monthly dues will be made directly to the YMCA front desk . Students will be required to make their payment, receive a monthly renewed membership card to show at the front desk. Students must have this card to enter the YMCA. The card will change colors each month and will be tied to payments. You will still pay your testing fees and merchandise payments to AMAA through Ruth, Ms. Sarah Roberts, or myself.

WTSDA Web site: (<http://worldtangsoodo.com/index2.asp>), take a look at the Region news area, masters profile, studio profile etc.- we have had a couple of studio articles appear on the site recently. We are always looking for additional articles to submit, so if you would like to write about something, contact Ms. Sarah Roberts.