



World Tang Soo Do Association 2005 Region Two Clinic
Presented by the Black Belts of the Academy of Fitness Professionals (AFP)
Black Belt Leadership School * Sierra Vista, Arizona, August 6, 2005

Name _____ Association Number _____ Rank _____

Address _____ City _____ State _____ Zip _____

Phone (Day) _____ Phone (Evening) _____ Email _____

Studio Name _____ Instructor's Name _____

Male _____ Female _____ Age _____

Choose Basic or Leadership Clinic. Leadership clinic sign up allows you to do both. However, both clinics happen simultaneously!

Basic Clinic \$15.00 Itinerary	Leadership Clinic \$30.00 Itinerary
Basic Cardio Conditioning	Adv. Exercise Physiology Cardio/Flexibility Training
How to perform Break Falls and Rolls Safely	How to Perform Aerial Tricks and Kicks
Sparring Skills and Drills How to block, move-score!	Grappling/Submission How to defend from the ground
Jump Kicks - How to maintain proper posture	Advance Sword Forms How to WOW an audience!
Kick/Hand Combo drills TSD Bong Forms Training	Advance Bong Forms How to WOW an audience!
TSD Forms Training How to polish your forms	Korean Nunchuku Form How to WOW an audience!
Bong (staff) Training	How to read and set up your Sparring opponent

Registration

Basic Clinic \$15.00 per person
 Advance Clinic \$30.00 per person
***The 3rd or more family member comes for free*!**

Registration must be **RECEIVED** by August 1st, 2005
 No Late Entries!

Clinic T-Shirts
 \$15.00 (XXL \$18 and add \$1 more per X)
 \$20 day of event

Special Afternoon Events
These events are in addition to the clinic and open to parents' family and friends!

Innovative Meditation – How to relax and reduce stress: by Mrs. Thomas, 1st Dan \$10

Advance Instructor Teaching Skills – Learn how to master the 4 quadrants of pedagogy: presented by Master Williamson \$20

WAIVER OF CLAIMS

I, the undersigned do hereby agree to abide by the rules which may be explained verbally or in writing at the 2005 WTSDA Region Two Clinic. I recognize that Karate and other forms of the Martial Arts are activities in which substantial physical contact may regularly occur and that such contact may result in physical injury. In consideration of my participation in any activities held by or on behalf of the 2005 WTSDA Region Two Clinic, I, for myself and, heirs and assigns, do hereby release and discharge the World Tang Soo Do Association, WTSDA Region Two Clinic representatives, its instructors and black belts, the City of Sierra Vista or their representatives/agents, my own studio, my own instructor from any and all claims, demands, and causes of action of whatsoever nature which I or my successors, heirs and assigns ever may have against them for, on account of, by reason or arising in connection with any Martial Arts instruction, participation, or any other activity held by or on behalf of the 2005 WTSDA Region Two Sierra Vista Clinic and hereby waive any claims demands and causes of action. I agree that my performance or attendance at the WTSDA 2005 Region Two Clinic may be filmed or otherwise recorded or telecast live and I consent to the use of my likeness to be used by any appointed agent of the WTSDA, including any public news media. I waive any right to compensation for the use of my likeness recorded at any WTSDA event forever.

Participant Signature _____

Parent or Guardian _____
 (If participant is under 18 years old)

Date _____

Mail to:
 Master Williamson
 Academy of Fitness Professionals Black Belt Leadership School
 402 E. Fry Blvd. Sierra Vista, Arizona 85635

Make checks payable to Region II Clinic

<u>Item</u>	<u>Cost per person</u>	<u>Total Amount</u>
Basic Clinic	\$15.00	_____
Leadership Clinic	\$30.00	_____
Meditation Workshop	\$10.00	_____
Business Workshop	\$20.00	_____
T-shirt (XXL \$18) or	\$15.00	_____
	Adult (AS AM AL AXL AXXL)	
	Child (CS CM CL)	
QTY _____	Size _____	_____
QTY _____	Size _____	_____
QTY _____	Size _____	_____

Grand Total Due _____

Make checks payable to Region II Clinic